

DOUBLE BINDING

Quilt Binding can be cut on the bias or straight of grain. Use a bias strip for those quilts that will be used a lot or those with curved edges, otherwise a straight binding is fine. This binding finishes at approximately $\frac{3}{8}$ ".

Cut your binding to your desired width, although I like to work with something about $2\frac{1}{2}$ " , joined into one long strip with diagonal seams (pressed open) which is then folded in half length wise and pressed.

As a guide the following number of strips will be needed.

Table Runner	2 strips	Cot Quilt	4 strips
Single	7 or 8 strips	Double	8 or 9 strips
Queen	9 or 10 strips		

A simple way to work out the number of strips required is add up the number of inches all the way around the quilt.

For example $68 + 68 + 68 + 68 = 272$

Plus 15 inches for corners and joining = 287

Divide by 40 (average width of fabric after seams)

= 7.2 strips.....I would round this up to 8 strips.

Beginning in about the middle on one side of your quilt, align the binding and the raw edges of your quilt. Start stitching 4" from beginning of strip, and $\frac{3}{8}$ " from raw edges.

Sew to the corner and stop stitching $\frac{3}{8}$ " from the corner, back stitch two stitches to secure. Take your work out of the machine, fold the binding strip up and back down over itself, (see illustration) aligning the raw edges on the second side. Pin in place.



Commence stitching $\frac{3}{8}$ " from corner in the same place as where you stopped, but make sure you do not catch any of the folded binding.

Continue around the following corners in the same way.

Stop stitching about four inches from the end of the strip start. Open out bindings and measure to get a seam point. Join ends with another bias seam. Seam / Check / Trim / Press Open/ Fold in Half and then complete the stitching.



Fold binding to the back of the quilt and slip stitch in place, using your fingers to form a mitre on the front and back of the quilt at the corners and slip stitch these.